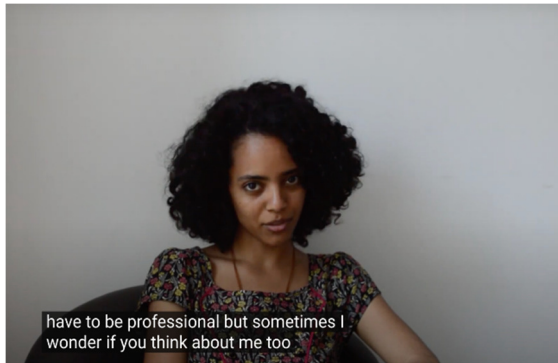


## How can we handle sexualized communication in therapy

**A Deliberate Practice Workshop** Nov 23, 4 PM – 7 PM CET (9AM – 12PM CST)

*NOTE: This workshop fulfils the criteria for the didactic course needed to get certified in Deliberate Practice*



Sexual behavior in therapy can make even the most seasoned therapist fall short. Be it implicit or explicit, verbal or non-verbal, intended or unintentionally, conscious or unconscious: *It has to be addressed in a way that enables the therapeutic alliance to do work.* These situations are very evocative, leading to an array of distracting reactions within the therapist. As the sexual behavior often is subtle, implicit and non-verbal, addressing it may feel extra tricky. Approaching sexual behavior is thus known to be challenging and may frequently be avoided by the therapist – to the disadvantage of the client, and the therapeutic work. Our aim is first and foremost to help you build skills to disentangle from the sexualized alliance ruptures, and stay helpful to the client. Through skill-building exercises, the hosts will help you engage in active learning, where you can apply your own therapy model as we practice. **We want to hear from you!** As participant, you are very welcome to send us examples of sexualized communication you have experienced in your therapeutic work. This way, we can tailor content to your needs. The gathered challenges will be mentioned with total confidentiality.

### Learning objectives:

- To enhance your awareness of your reactions, and to regulate yourself so you don't get distracted and the work derails.
- To be able to *approach* rather than *avoid* sexual behavior in therapy and feel safer in addressing it tentatively and exploratory.
- To initiate a collaboration on handling the sexualized content with your patient.

**Hosts:** Vidar M. Husby ([vidar@favne.no](mailto:vidar@favne.no)) and Elisabet Rosén ([er@danspsykologi.se](mailto:er@danspsykologi.se)), both licensed psychologists, specialists in clinical psychology and Certified Deliberate Practice Supervisors.

**Registration:** <https://app.checkin.no/event/48064/approaching-sexualized-communications-in-therapy>

**Price:** Full members of International Deliberate Practice Society (IDPS): 100 €. Non-members: 120 €. To become member of the International Deliberate Practice Society and enjoy the discount, [click here](#).